



Overnight Weekend Retreat

WHAT TO BRING

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| <input type="checkbox"/> Sleeping bag or Sheets & Blanket | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Bible, pen | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Clothes for 2 days | <input type="checkbox"/> Warm Coat, Snow Clothes |
| <input type="checkbox"/> Extra pair of outdoor shoes | <input type="checkbox"/> Shower Shoes |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Refillable Water Bottle |
| <input type="checkbox"/> Towel and Washcloth for showering | <input type="checkbox"/> Plastic bags for wet & dirty stuff |
| <input type="checkbox"/> Personal items (like toothbrush/toothpaste, soap, shampoo, deodorant) | |
| <input type="checkbox"/> Any necessary medications | |

DO NOT BRING

- Cellphones, tablets, computers and any other electronic devices
- Vapes, cigarettes, tobacco products, illegal drugs, or alcohol
- Weapons of any kind (guns, knives, pocket knives, fireworks)
- Food and beverage (besides water), unless medically necessary